

# **Disability Benefits Resources**

## **Social Security Administration**

**Social Security** pays disability benefits to you and certain members of your family if you have worked long enough and have a medical condition that has prevented you from working or is expected to prevent you from working for at least 12 months or end in death. For more information, visit their website at <http://www.ssa.gov/disabilityssi/>.

## **North Dakota Department of Human Services**

**Disability Determination Services** provides eligibility decisions on behalf of applicants to the Social Security Administration. Staff make disability and blindness determinations for Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI). For more information, call 701.328.8700 or visit their website at <http://www.nd.gov/dhs/services/disabilities/dds.html>.

## **The Simple Dollar**

The Simple Dollar is a website dedicated to conducting data driven and unbiased research about topics with the goal of helping make an impact in people's lives. They offer a guide to disability benefits and a benefits calculator.

<http://www.thesimpledollar.com/disability-benefits-guide>

<http://www.thesimpledollar.com/disability-benefits-guide/#social-security-disability-benefit-calculator>

## **Financial Assistance Resources**

### **Grand Forks County Social Services**

#### **Temporary Assistance to Needy Families (TANF)**

Provides a financial grant for eligible families based on absent, deceased, or disabled parents. The purpose of the program is to ensure a safety net while providing an array of services directed at increasing self sufficiency.

#### **Childcare Assistance Program**

Provides assistance to low income families to help meet their childcare costs. Each family's share of the cost is based on factors, which include the family's income and household size.

#### **Food Stamps**

Provides benefits through the use of electronic benefit transfer (EBT) to assist low income individuals and families with purchasing food. Monthly benefits are determined based on family size and income.

#### **Fuel Assistance**

Provides benefits to low income individuals and families to assist with the payment of heating costs. The program runs from October through May each year. Seasonal benefits are determined based on household size, income and housing type.

#### **Medical Assistance**

Provides benefits to assist with medical costs for eligible low income individuals and families. Eligibility is based on income and qualifying as a member of a coverage group, which includes, but is not limited to, children, elderly and disabled.

For more information, call 701.787.8500.

### **Altru Health System**

Altru Health System provides temporary financial assistance to patients with demonstrated and documented financial need, who reside in their service area and receive primary health care services at an Altru Health System facility. These programs strive to meet the needs of as many patients as possible. Financial counseling to determine any outside sources is a part of the application process.

To receive assistance or guidance regarding available programs and eligibility, call 701.780.1500.

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## **North Dakota Association for the Disabled (NDAD)**

The North Dakota Association for the Disabled is a nonprofit, charitable organization founded by concerned citizens for the purpose of assisting people with mental and physical disabilities in the state of North Dakota, many of whom are not eligible for services from other agencies.

Funds may be provided for medical equipment and supplies, accessibility, medical travel expenses, personal attendant care, transportation or recreational activities.

NDAD also has a financial loan program. The purpose of this program is to expand

personal financing options for North Dakotans to purchase assistive devices and services. Individuals who may have difficulty obtaining conventional financing may be eligible for financing through this program.

For more information about NDAD programs and eligibility, call 701.775.5577 or visit their website at <http://ndad.org/>.

## **St. Joseph Social Care**

St. Joseph's offers emergency assistance to individuals and families in crisis. It is their goal to assist individuals and families in order to prevent homelessness and increase self-sufficiency.

They assist with rent evictions, utility disconnects, medications, funeral and emergency medical travel needs. Social workers on staff meet with individuals/families to engage in an assessment process, with particular attention being paid to current situational and environmental factors. SJSC often coordinates with other agencies in the community and works to refer to appropriate agencies when needed.

They also offer transitional housing, thrift store vouchers and a food shelf.

For more information, call 701.795.8614 or visit their website at <http://www.stjosephsocialcaregf.org/home/>.